

AGENDA
SENIOR CITIZEN COMMISSION
Thursday, January 18, 2024

COMMISSIONERS

Janet L. Brown, Chair
Denise Barnes, Vice Chair
Sue Baltazar
Kandee Beas
Steve R. Brio
Frances Noteboom
Victor "Vic" Real

STAFF

Brian Chwan, Community Services Superintendent
Maureen Richardson, Community Services Supervisor
Beth Lapkowski, Administrative Assistant

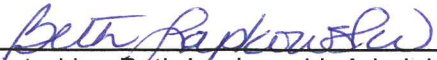
SPECIAL NOTE TO OUR GUESTS AND VISITORS

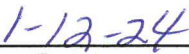
We welcome you to our Commission meeting. If you desire to address the Commission, you will have 3 minutes when called upon under Agenda Item #4, Unscheduled Public Communication. In addition, members of the public can submit comments electronically for the Senior Citizens Commission consideration by sending them to blapkowski@anaheim.net. To ensure distribution to the Senior Citizen Commission prior to consideration of the agenda, please submit comments prior to 12:00 p.m., the day of the meeting. Those comments, as well as any comments received after 12:00 p.m., will be distributed to the Senior Citizen Commissioners and will be made part of the official public record of the meeting.

1. CALL TO ORDER
 - a. ROLL CALL
2. PLEDGE OF ALLEGIANCE
3. APPROVAL OF MINUTES – November 16, 2023
4. SCHEDULED PUBLIC COMMUNICATION
 - a. Jannine Wilmoth, Emergency Manager, Anaheim Fire & Rescue
 - i. Emergency Preparedness for Seniors
5. UNSCHEDULED PUBLIC COMMUNICATION
6. NEW BUSINESS
 - a. Justice in Aging Statement: Governor's 24/25 Proposed State Budget – Chair Brown
 - b. Commission Name Change Proposal – Commissioner Noteboom
7. UNFINISHED BUSINESS
 - a. Senior Services Website Upgrade/Discussion/Expansion – Commissioner Brio
 - b. Anaheim Senior Citizen Strategic Plan – Chair Brown
 - c. Senior Center Signage Update – Commissioner Noteboom
 - d. Blue Zones & Aging – Commissioner Real
8. INFORMATIONAL ITEMS
 - a. Staffing Levels Update – Brian Chwan, Community Services Superintendent
 - b. Senior Center Building – Brian Chwan, Community Services Superintendent
9. ADJOURNMENT – The next scheduled meeting date is February 15, 2024; 2:00 p.m.

All agenda items and backup materials are available for review at the Community Services Department and www.anaheim.net. Any writings or documents provided to a majority of the Senior Citizen Commission regarding any items on this agenda (other than writings legally exempt from public disclosure) will be made available for public inspection by contacting the Community Services Offices, 200 S. Anaheim Blvd. 4th Floor, Anaheim, CA 92805, during regular business hours.

Accessibility: If requested, the agenda and backup materials will be made available in appropriate alternative formats to persons with a disability, as required by Sec. 202 of the Americans with Disabilities Act of 1990 (42 U.S.C. Sec. 12132) and the federal rules and regulations adopted in implementation thereof. Any person who requires a disability-related modification or accommodation, including auxiliary aids or services, in order to participate in the public meeting may request such modification, accommodation, aid or service by contacting the Community Services Office by telephone at 714-765-4986 or via email to blapkowski@anaheim.net, no later than 10:00 AM on the day preceding the scheduled meeting.


Posted by: Beth Lapkowski, Administrative Assistant


Date

MINUTES

SENIOR CITIZEN COMMISSION

November 16, 2023

COMMISSIONERS PRESENT:

Denise Barnes, Vice-Chair
Sue Baltazar
Kandee Beas
Steve Brio
Frances Noteboom
Victor "Vic" Real

STAFF PRESENT:

Brian Chwan, Community Services Superintendent
Maureen Richardson, Community Services Supervisor
Beth Lapkowski, Administrative Assistant

VISITORS PRESENT:

Council Member Natalie Meeks

COMMISSIONERS ABSENT:

Janet Brown, Chair (Excused)

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ACTION TAKEN

1. **CALL TO ORDER:** Vice-Chair Brown called the meeting to order at 2:00 p.m.
2. **PLEDGE OF ALLEGIANCE:** Chair Brown led the Commission in reciting the Pledge of Allegiance.
3. **APPROVAL OF THE MINUTES:** Vice-Chair Barnes presented the minutes of the September 21, 2023, meeting. Commissioner Real made a motion for approval of the minutes, seconded by Commissioner Noteboom. Minutes were approved unanimously.
4. **SCHEDULED PUBLIC COMMUNICATION:**
 - A. **Anaheim Public Library** – Brian Chwan welcomed City Council Member Natalie Meeks to the meeting and introduced Lucky Duran, Senior Librarian for Older Adult Services at Anaheim Public Library. Ms. Duran explained her goals for services for Active Older Adults and explained that she has been working with Alzheimer's Association of O.C. for some virtual programming, and Access California Services for emergency preparedness programs. She asked for feedback on services the commissioners would like to see, such as healthy living, art programs, driving, etc. Commissioner Noteboom suggested that a program assisting with the DMV would be helpful. Vice-Chair Barnes suggested that they look into the meetings held by the Orange County Office on Aging. Commissioner Real suggested that they provide instructions on computers and technology; Vice-Chair Barnes reported that the County gave away computers during COVID, and they have a program called "Ready Set Go" where they provide a laptop and instruction for seniors. Ms. Duran answered questions from commissioners and provided information on resources.

Commissioner Noteboom suggested changing the name of the Commission to Active Older Adult Commission. Brian Chwan noted that since they would need a vote to accomplish that, he will include it for discussion and a possible vote on the January meeting agenda.
5. **UNSCHEDULED PUBLIC COMMUNICATION:** City Council Member Natalie Meeks discussed the Strategic Plan that the city is working on, and the fact that when bonds are fully paid there will be additional funds available, and the Strategic Plan will address the best ways to use those funds. She discussed some of the priorities for seniors and the ways the city is attempting to get input from residents. They expect to get a preliminary report from the consultant early next year. Commissioner Brio asked where information can be located on the strategic plan; Council Member Meeks stated that they are in the process of collecting information through a survey which can be found on the City's website. She suggested that it might be a good idea for the consultant to meet with the city

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ACTION TAKEN

commissions since they have a connection to the community. She appreciated the feedback she received from the commissioners.

6. NEW BUSINESS:

- A. County of Orange – County’s Older Adults Needs Assessment: Vice-Chair Barnes reported that everyone should have received the online needs assessment and encouraged them to complete it.

Commissioner Real asked whether staff have been in communication with Supervisor Chaffee’s Office; Brian Chwan indicated he has not heard back but hopes to have a representative come to the next commission meeting.

- B. Senior Centers Presentation – Commissioner Noteboom reported that on October 24th she attended a field trip to senior centers in Buena Park, Huntington Beach, and Newport Beach to gather information regarding stand-alone centers in other cities. She shared a power point and described the facilities and the amenities at each site.

7. UNFINISHED BUSINESS:

- A. Senior Services Website Upgrade/Discussion/Expansion – Commissioner Brio updated the commission on the efforts through his collaboration with Community Services staff, IT staff and Irene Rose from the Anaheim Senior Citizens Club, to expand and upgrade information on the City website for senior services. He shared the website and showed some information that’s available there, and he suggested some additional links that may be helpful for seniors, such as the strategic plan survey and volunteer information. Commissioner Noteboom suggested also including information on sites where food is available.

- B. Anaheim Senior Citizen Strategic Plan – Vice-Chair Barnes reviewed the notes submitted by Chair Brown.

- C. Senior Center Signage Update – Still in planning stages.

- D. Blue Zones – Commissioner Real – Commissioner Real shared some information about Blue Zones. Brian Chwan stated that www.bluezones.com is a site that has information and articles relating to Blue Zones and the Netflix show called *Secrets of the Blue*.

8. INFORMATIONAL ITEMS:

- A. Status of Active Older Adult Services and Staffing Levels Update – Brian Chwan reported that Maureen’s team is growing with two full-time staff who are currently going through background checks, and three part-time positions have also been filled.

9. **ADJOURNMENT:** Vice-Chair Barnes adjourned the meeting at 3:58 p.m.

NEXT MEETING: The next meeting will be held on **Thursday, February 15, 2024**, at 2:00 p.m.